

Sister Thea Bownam Catholic Academy



Contact your Chef Resident Director, Todd Evans, by email tevans@avifoodsystems.com for questions or comments.

Our daily Produce Bar includes Romaine Lettuce, Tomatoes, Cucumbers, Carrots, Broccoli, and Fruit
A Variety of Milk is served at each meal.
Soy Butter & Jelly Offered Daily.
Menu Subject to Change.

Breakfast								
	Monday	Tuesday	Wednesday	Thursday	Friday			
	Assorted Breakfast							
Breakfast	Items	Items	Items	Items	Items			
	Milk or Juice							

LUNCH

	Monday	Tuesday	Wednesday	Thursday	Friday
	28-Aug	29-Aug	30-Aug	31-Aug	1-Sep
	Breaded Chicken	Beefy Nachos	Bosco Sticks	Chicken &	
Signature	Parmesan	Salsa Cup		Waffles	4 Cheese Pizza
3.6.1.6.1.6	Green Beans	Black Beans	Fries		Corn
	Spicy or Crispy		Chicken Nuggets		
Grill	Chicken Sandwich	Bosco Sticks		Pizza Bagel	Pepperoni Pizza
	Green Beans		Fries		Corn